

OUTBACK STEAKHOUSE — COMPLETE MENU 2025

Full menu compiled — prices and calories shown where provided.

Appetizers

Item	Price	Calories
Down Under Trio	\$14.55	1160 Cals
Bloomin' Onion®	\$12.49	1620 Cals
Aussie Cheese Fries	\$15.49	2620 Cals
Sydney Shrooms	\$12.29	1370 Cals
Sweet BBQ Kookaburra Wings	\$18.99	1400 Cals
Fried Mozzarella Bloomerangs	\$11.49	1200 Cals
Grilled Shrimp on the Barbie	\$17.29	580 Cals
Gold Coast Coconut Shrimp	\$17.29	520 Cals
Bloomin' Fried Shrimp	\$17.99	990 Cals
Kookaburra Wings®	\$18.99	1740 Cals

Signature Steaks

Item	Price	Calories
Filet topped with Toowoomba Shrimp	\$44.99	580 Cals
NEW! Chimichurri Filet	\$32.29	950 Cals
Outback Center-Cut Sirloin	\$20.79	540 Cals
Victoria's Filet® Mignon	\$39.29	590 Cals
Bone-In Ribeye 20 oz	\$41.49	1070 Cals
Delmonico 15 oz	\$39.29	1070 Cals
New York Strip 12 oz	\$30.29	1070 Cals
Ribeye 13 oz	\$33.99	950 Cals
Teriyaki Filet Skewers	\$26.49	1100 Cals

Steak Combos

Item	Price	Calories
6oz Victoria's Filet® Mignon & Lobster	\$45.49	730 Cals
13oz Ribeye & Choice of Shrimp	\$40.29	1420 Cals
Sirloin & Alice Springs Chicken	\$35.79	970 Cals
Sirloin & Coconut Shrimp	\$32.79	800 Cals

Item	Price	Calories
Sirloin & Grilled Chicken	\$33.49	930 Cals
Sirloin & Grilled Shrimp	\$27.49	1070 Cals
Sirloin & Ribs	\$40.29	840 Cals

Chicken, Ribs & More

Item	Price	Calories
Caramel Mustard Glazed Pork Chops	\$27.79	900 Cals
Queensland Chicken & Shrimp Pasta	\$26.49	1290 Cals
Sweet BBQ Kookaburra Wings Entrée	\$28.35	1400 Cals
Grilled Chicken on the Barbie	\$20.79	410 Cals
Alice Springs Chicken®	\$25.29	910 Cals
Bloomin' Fried Chicken	\$25.29	970 Cals
Kingsland Pasta	\$28.79	1390 Cals
Outback Ribs	\$33.99	1430 Cals
Kookaburra Wings® Entrée	\$27.35	1780 Cals

Seafood

Item	Price	Calories
Perfectly Grilled Salmon	\$31.79	540 Cals
Seared Peppered Ahi	\$24.29	2429 Cals
Steamed Lobster Tails	\$42.79	490 Cals
Toowoomba Salmon	\$33.29	630 Cals
Bloomin' Fried Shrimp	\$28.35	990 Cals

Burgers & Sandwiches

Item	Price	Calories
Chook Sammie	\$15.35	710 Cals
The Bloomin' Burger®	\$17.79	1140 Cals
The Half-Pound Outbacker Burger	\$16.59	730 Cals

Entrée Salads

Item	Price	Calories
Aussie Cobb Salad	\$16.79	760 Cals
Brisbane Caesar Salad	\$15.49	50 Cals
Steakhouse Salad	\$22.99	920 Cals

Soups & Side Salads

Item	Price	Calories
Baked Potato Soup	\$5.99	540 Cals
Caesar Side Salad	\$6.99	260 Cals
French Onion Soup	\$8.99	570 Cals
House Side Salad	\$6.99	180 Cals
Tasmanian Chili	\$5.99	390 Cals
Blue Cheese Pecan Chopped Side Salad	\$7.99	590 Cals
Classic Blue Cheese Wedge Side Salad	\$7.99	530 Cals

Freshly Made Sides

Item	Price	Calories
Asparagus	\$6.99	70 Cals
Aussie Fries	\$4.99	500 Cals
Broccoli	\$4.99	130 Cals
Dressed Baked Potato	\$4.99	440 Cals
Fresh Seasoned Green Beans	\$4.99	140 Cals
Homestyle Mashed Potatoes	\$4.99	230 Cals
Loaded Mashed Potatoes	\$6.99	320 Cals
Seasoned Rice	\$4.99	320 Cals
Steakhouse Mac & Cheese	\$6.99	850 Cals
Sweet Potato with Honey & Brown Sugar	\$4.99	410 Cals

Kids Menu

Item	Price	Calories
Boomerang Cheeseburger	\$10.49	540 Cals
Chicken Fingers	\$10.49	480 Cals
Grilled Cheese-A-Roo	\$9.49	480 Cals
Grilled Chicken on the Barbie (5 oz)	\$10.49	160 Cals
Joey Sirloin (5 oz)	\$12.99	180 Cals
Kids Aussie Fries	\$4.99	50 Cals
Kids Fruit	\$2.29	250 Cals
Mac 'A' Roo 'N Cheese	\$9.49	510 Cals
Spotted Dog Sundae	\$3.99	150 Cals

Desserts

Item	Price	Calories
Chocolate Thunder from Down Under	\$12.59	1500 Cals
New York-Style Cheesecake	\$11.59	940 Cals
Salted Caramel Cookie Skillet	\$10.29	860 Cals
Triple-Layer Carrot Cake	\$11.59	1290 Cals

Beverages

Item	Price	Calories
Coca-Cola® Products	\$3.79	Varies
Dr. Pepper	\$3.79	100 Cals
Iced Tea	\$3.79	Varies
Aussie Palmer	\$3.79	60 Cals
Bottled Water	\$3.99	0 Cals
6 Pack Truly Wild Berry (To-Go)	\$18.70	N/A
Blueberry Lavender Lemonade for Two (To-Go)	\$10.08	440 Cals
Sauza Gold Coast 'Rita for Two (To-Go)	\$10.36	2000 Cals
6 Pack Budweiser	\$11.00	110 Cals
6 Pack Bud Light	\$11.00	95 Cals
6 Pack Michelob Ultra	\$11.00	100 Cals
6 Pack Coors Light	\$11.00	170 Cals
6 Pack Blue Moon	\$13.20	150 Cals
Ecco Domani Pinot Grigio	\$16.46	140 Cals
6 Pack Corona	\$13.20	100 Cals
6 Pack Heineken	\$13.20	200 Cals
6 Pack Angry Orchard	\$13.20	150 Cals
6 Pack High Noon Pineapple	\$18.70	N/A
Chloe Rosé	\$16.50	140 Cals
14 Hands Cabernet	\$16.50	180 Cals
Chloe Rosé (alternate)	\$16.50	140 Cals

Bloomin' Bundle Meals

Item	Price	Calories
Center-Cut Sirloin & Coconut Shrimp (For 4 / For 6)	\$65.00	2900 Cals
Center-Cut Sirloin & Grilled Chicken (For 4 / For 6)	\$65.00	2800 Cals
Center-Cut Sirloin & Grilled Shrimp (Small / Medium)	\$60.00	2300 Cals
Center-Cut Sirloin (For 4 / For 6)	\$55.00	1480 Cals
Grilled Chicken (For 4 / For 6)	\$50.00	1320 Cals

Party Platters

Item	Price	Calories
Baby Back Ribs Party Platter	\$74.29	2890 Cals
Brisbane Caesar Salad Platter	\$26.49	170 Cals
Chicken Tender Party Platter	\$48.99	3190 Cals
Steakhouse Mac & Cheese Platter	\$28.79	3350 Cals
Fresh Steamed Seasonal Veggies Platter	\$21.99	460 Cals
Gold Coast Coconut Shrimp Party Platter	\$55.29	2540 Cals
Grilled Shrimp on the Barbie Party Platter	\$55.29	1190 Cals
Kookaburra Wings® Party Platter	\$51.29	4570 Cals
House Salad Platter	\$26.49	510 Cals
Seasoned Rice Platter	\$21.99	1270 Cals

Lunch Menu

Item	Price	Calories
6 Coconut Shrimp	\$14.99	420 Cals
6 Grilled Shrimp on the Barbie	\$14.99	620 Cals
Center-Cut Sirloin (6 oz)	\$17.29	430 Cals
Soup and Salad Combo	\$12.49	540 Cals
Alice Springs Chicken® (5 oz)	\$16.99	440 Cals
Grilled Chicken on the Barbie (5 oz)	\$14.99	160 Cals

Specialty Cocktails

Item	Price	Calories
Koala Punch	\$14.99	210 Cals
Smoked Cinnamon Pecan Old Fashioned	\$15.99	260 Cals
Castaway Cocktail	\$14.50	540 Cals
Sauza Gold Coast 'Rita	\$10.00	230 Cals
Strawberry Kiwi Rita	\$12.99	190 Cals
The Wallaby Darned	\$15.00	220 Cals
Top Shelf Rita	\$13.99	250 Cals
Boomarita	\$14.99	310 Cals